

Walk Programme, January 2019 to June 2019

| Date | Walk Location | Dist. Km (Mi) | Climb M (Ft) | Grade | OS Map |
|-----------------------|---------------------------------|---------------|--------------|-------|---------|
| West Lothian | | | | | |
| 13 Jan | Porterside - Ratho | 20 (12.5) | 210 (700) | B | 65 |
| | Fawnsparke - Ratho | 15 (9.5) | 160 (525) | C+ | 65 |
| | Winchburgh - Ratho | 12 (7.5) | 120 (400) | C | 65 |
| Aberfoyle | | | | | |
| 27 Jan | Aberfoyle boundary circuit | 13 (8) | 695 (2275) | B+ | 57 |
| | Douchlage - Aberfoyle | 14 (8.5) | 235 (775) | C+ | 57 |
| | Cobleland - Aberfoyle | 9.5 (6) | 240 (800) | C | 57 |
| Peebles | | | | | |
| 10 Feb | Brownsland - Peebles | 18 (11) | 595 (1950) | B+ | 73 |
| | Romano Bridge - Peebles | 15 (9.5) | 430 (1400) | C+ | 73 |
| | Peebles circle | 10.5 (6.5) | 260 (850) | C | 73 |
| Lomond Hills | | | | | |
| 24 Feb | Easter Balgedie - Falkland | 12 (7.5) | 670 (2200) | B+ | 58 / 59 |
| | Wester Balgedie - Falkland | 14 (8.5) | 400 (1300) | C+ | 58 / 59 |
| | Falkland Circular | 8 (5) | 220 (725) | C | 58 / 59 |
| Balmaha | | | | | |
| 10 Mar | Croftamie - Balmaha | 15 (9.5) | 495 (1625) | B | 56 / 57 |
| | Drymen - Balmaha | 11 (7) | 405 (1325) | C+ | 56 / 57 |
| | Balmaha - Cashel Farm - Balmaha | 9.5 (6) | 220 (725) | C | 56 / 57 |
| Pentland Hills | | | | | |
| 24 Mar | Nine Mile Burn - Flotterstone | 10.5 (6.5) | 580 (1900) | B | 66 |
| | Coates - Flotterstone | 13 (8) | 435 (1425) | C+ | 66 |
| | Coates - Flotterstone | 8 (5) | 280 (925) | C | 66 |
| Dunkeld | | | | | |
| 7 Apr | Kindallachan - Dunkeld | 18 (11) | 470 (1550) | B | 52 |
| | Kindallachan - Dunkeld | 14 (8.5) | 380 (1250) | C+ | 52 |
| | Kindallachan - Dunkeld | 10.5 (6.5) | 320 (1050) | C+ | 52 |
| Moffat Dale | | | | | |
| 21 Apr | Capplegill - Moffat | 18 (11) | 760 (2500) | A | 78 |
| | Grey Mare's Tail | 9.5 (6) | 610 (2000) | B+ | 79 |
| | Moffat circular | 9.5 (6) | 205 (675) | C | 78 |
| Aberfeldy | | | | | |
| 5 May | Camserney - Aberfeldy | 16 (10) | 595 (1950) | B+ | 52 |
| | Acharn - Aberfeldy | 14 (8.5) | 420 (1375) | C+ | 52 |
| | Fort - Aberfeldy | 10.5 (6.5) | 360 (1175) | C+ | 52 |
| Eyemouth | | | | | |
| 19 May | Berwick-upon-Tweed - Eyemouth | 16 (10) | 430 (1400) | B | 67 / 75 |
| | Marshall Meadows - Eyemouth | 11 (7) | 305 (1000) | C+ | 67 / 75 |
| | Eyemouth circular | 10.5 (6.5) | 240 (800) | C | 67 |
| 24 - 27 May | May Weekend - no local walk | | | | |
| | (Sun 26) | | | | |
| Crinan | | | | | |
| 2 Jun | Kilmartin - Cairnbaan | 16 (10) | 300 (975) | B | 55 |
| | Crinan Canal | 14.5 (9) | 275 (900) | C+ | 55 |
| | Lochgilphead and Dunardry | 10.5 (6.5) | 350 (1150) | C+ | 55 |
| Glencoe | | | | | |
| 16 Jun | Meall a Bhuiridh and Creise | 10.5 (6.5) | 1120 (3675) | A+ | 41 |
| | Lost Valley | 7 (4.5) | 525 (1725) | B | 41 |
| | Kingshouse circular | 11 (7) | 190 (625) | C | 41 |
| Keswick | | | | | |
| 30 Jun | Skiddaw | 14 (8.5) | 890 (2925) | A+ | 90 |
| | Bassenthwaite - Keswick | 18.5 (11.5) | 555 (1825) | B+ | 90 |
| | Chapel - Keswick | 13 (8) | 180 (600) | C | 90 |