

## Walk Programme, January 18 - June 18

Date	Walk Location	Dist. Km (Mi)	Climb M (Ft)	Grade	OS Map
Ayrshire Coast					
7 Jan	Ayr - Troon	15 (9.5)	85 (275)	B	70
	Prestwick - Troon	10.5 (6.5)	60 (200)	C+	70
	Irvine - Troon	9 (5.5)	45 (150)	C	70
Coulter					
21 Jan	Coulter Fell	15 (9.5)	600 (1975)	B+	72
	Coulter circuit	13 (8)	390 (1275)	B	72
	Lamington - Coulter	9.5 (6)	275 (900)	C	72
Waters of Leith					
4 Feb	Currie - Leith	16 (10)	145 (475)	B	66
	Hermiston - Leith	15 (9.5)	120 (400)	C+	66
	Slateford - Leith	10.5 (6.5)	80 (250)	C	66
Tweedsmuir					
18 Feb	Stanhope - Drumelzier	15 (9.5)	625 (2050)	B+	72
	Tweedsmuir - Drumelzier	15 (9.5)	290 (950)	B	72
	Crook Inn - Drumelzier	10.5 (6.5)	140 (450)	C	72
Crieff					
4 Mar	Newton Bridge - Glen Turret	18 (11)	650 (2125)	A	52
	Falls of Monzie - Glen Turret	14.5 (9)	290 (950)	B	52
	Muthill - Glen Turret	11 (7)	140 (450)	C	52
Glendevon					
18 Mar	Glen Sherup circuit	14.5 (9)	610 (2000)	B+	58
	Ben Shee circuit	11 (7)	435 (1425)	B	58
	Castlehill - Glen Sherup	8 (5)	370 (1225)	C+	58
Alyth					
1 Apr	Bridge of Cally - Alyth via Balduff Hill	19 (12)	590 (1925)	B+	53
	Bridge of Cally - Alyth	14.5 (9)	350 (1150)	B	53
	Alyth circle	10.5 (6.5)	310 (1025)	C+	53
Yarrow Valley					
15 Apr	Yarrow - Gordon Arms	18.5 (11.5)	640 (2100)	B+	73
	Selkirk - Yarrowford	16 (10)	525 (1725)	B	73
	Yarrowford - Bowhill - Yarrowford	13 (8)	450 (1475)	C+	73
Depart 8.30 Prompt   Isle of Bute - West Island Way   Depart 8.30 Prompt					
29 Apr	Ettrick Bay - Kames Bay	16 (10)	455 (1500)	B+	63
	Kilchattan Bay circle	9 (5.5)	305 (1000)	C+	63
	Rothesay - Kilchattan Bay	12 (7.5)	200 (650)	C	63
Blair Athol					
13 May	Carn Liath	18 (11)	890 (2925)	A+	43
	Circle via Marble Lodge	17 (10.5)	410 (1350)	B	43
	Circle via Auchgobhal	14 (8.5)	340 (1125)	C+	43
25 - 28 May	May Weekend - no local walk				
	(Sun 27)				
Lake District					
10 Jun	Half Coledale Horseshoe	13 (8)	890 (2925)	A+	90
	Cat Bells	13 (8)	620 (2025)	B+	90
	Braithwaite circle	9.5 (6)	210 (700)	C	90
Fife Coastal					
24 Jun	Fife Ness - Elie	22 (13.5)	260 (850)	B+	59
	Crail - Elie	17 (10.5)	190 (625)	B	59
	Kilrenny - Elie	13 (8)	145 (475)	C	59